

TOURNIQUET USE

INDICATIONS:

- Severe/life-threatening extremity hemorrhage that continues after direct pressure and/or pressure dressing.
 - May be used first line for extremity amputation.
1. Place as far distally on extremity as possible, 2-3 inches proximal to wound.
 2. Place on bare skin if possible.
 3. Tighten windlass rod until bleeding stops and pulse is no longer palpable.
 4. Monitor for further bleeding, tighten tourniquet only if necessary.
 - If bleeding not controlled, consider additional tourniquet applied proximal to first tourniquet.
 5. Record placement time and notify MEDICAL CONTROL of tourniquet use.
 6. Consider pain management.

Tourniquet Removal: If placed prior to EMS arrival and determined to be unnecessary,

Contact MEDICAL CONTROL to consider Tourniquet removal.

NOTE:

- Do not place tourniquet over a joint.
- Do not cover the tourniquet with a dressing or splint.
- Do not cover wound, impaled foreign body, or open fracture.
- Lower leg injuries may require thigh placement for adequate compression.